

LASER TREATMENTS

ACTIVEFX

A high-energy beam of laser light interacts with the skin's surface causing the upper layer to peel off and regenerate a layer of new, healthy skin. This causes immediate collagen contraction "skin tightening". Reduces wrinkles and fine lines, and softens deeper frown lines. Stimulates new collagen formation and plumps the skin. The dermis continues to create collagen for up to 8 months after the procedure.

DEEPFX/TOTALFX

A revolutionary fractional laser technology for aged, sun-damaged or scarred skin. Using laser micro beams to precisely target the deep dermal layers of the skin. The dramatic result after one treatment is softening and smoothing of wrinkles, folds, scars, and improved skin tone and texture. In addition the skin responds by stimulating organic growth of new collagen that continues for up to 6 months. DeepFX is commonly used on the face, around the lips, for crows' feet, the neck, upper chest, hands and arms.

Eyelashes

LATISSE

Small, fragile lashes are a thing of the past. Latisse is the only prescription treatment approved by the FDA for inadequate or insufficient eyelashes. This once-a-day prescription treatment is applied each evening to the base of the upper eyelashes; your lashes absorb the formula to grow them longer, thicker, and darker. Patients have reported 100% results in about 4-6 weeks/ full results may be seen after 16 weeks.

Accreditation

- Undergraduate degree from Johns Hopkins University
- Medical degree from University of Texas-San Antonio
- Completed residency training at University of Oklahoma
- Served 3 years subsequently in the United States Air Force after completion of residency
- Chief of ENT while stationed in Scott Air Force Base, IL
- Board Certified Ears, Nose and Throat Specialist, and Head and Neck Surgery

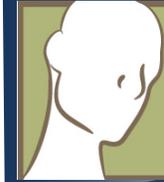
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Mike S. Shin, MD

Facial Cosmetics and Plastic Surgery Services



Surgery/ Procedures

BLEPHAROPLASTY

Eyelid surgery or *Blepharoplasty* can correct sagging eyelids, remove fatty pouches beneath the eyes, and remove excess skin from the upper eyelids. The loose skin around your eyes can make you look more tired and older than you feel inside. Each year thousands of women and men choose eyelid surgery to help restore a more energetic and youthful appearance. Blepharoplasty can be done alone or in conjunction with other facial surgery such as a facelift, a brow lift or laser skin resurfacing.

FAT TRANSFER

Since fat cells are taken during surgery from your own body's fat stores the results can be permanent. The surgery uses a specialized needle and technique to plump up facial features with your own adipose tissue. Fat transferred to the face usually lasts permanently, and is a popular alternative to other wrinkle fillers.

RHINOPLASTY

Rhinoplasty is a surgical correction to enhance the appearance and/or function of the nose. The skin and tissues of the nose along with underlying bone and cartilage are sculpted by the surgeon to your desired new shape. Using an interactive computer morphing software, patient and physician can preview the anticipated result of the rhinoplasty prior to surgery during the consultation.

BROW LIFT

Wrinkles and frown lines often first appear on the brow and forehead area. Brow lifts can significantly reduce the frown lines between the eyes; it is often performed in conjunction with upper eyelid surgery to achieve optimal results. A forehead lift or brow lift can smooth out the wrinkles and correct drooping brows and heavy eyelids to provide a younger, friendlier appearance.

FACELIFT

A facelift provides an overall lift to the lower third of your face by tightening the loose skin in the jowls, neck, and jaw line. The surgery will provide a more youthful appearance of the face by dramatically reducing fine lines and wrinkles.

NECK REJUVENATION

A neck lift is a plastic surgery procedure that removes excess skin under the neck. In surgery the skin is pulled up and back, and the incisions are hidden inconspicuously behind the ears. Patients may resume normal activities almost immediately. This surgery provides a defined, youthful, and more appealing neck and jaw line.

CHIN AND CHEEK IMPLANTS

Chin augmentation or *mentoplasty*, and cheek implants or *malar augmentation* are often recommended to patients undergoing rhinoplasty (nose) surgery to achieve better facial balance. In patients around 38-50 years old, cheek implants can improve the midfacial contour and restore sagging midfacial soft tissues, thus postponing the need for a facelift.

PILLAR IMPLANTS

Chronic snoring and Obstructive Sleep Apnea (OSA) can be a life threatening sleep disorder. The Pillar Procedure is an effective treatment to help patients who are suffering from chronic snoring and OSA. During the procedure, tiny implants are placed into the soft palate. This safe and minimally invasive procedure is done in a single office visit.

OTHER INFORMATION

- No blood thinners 1 week prior
- Down payment of \$175 upon scheduling
- Low monthly payments available through CareCredit

INJECTABLES

• Botox

The #1 treatment for wrinkles worldwide, it has been proven to work safely, simply, and effectively for years. Botox improves the appearance of frown lines, forehead creases, crows' feet, and it can even be used for a "mini-lift" of the face. Botox is used to prevent new wrinkles from appearing, and smoothing out the ones you already have. The injections work by causing the underlying muscles to relax so they do not contract; therefore the patient continues to look younger, and avoids getting new or deeper wrinkles. The treatments will usually last 3 to 6 months depending on individual facial care.

• Juvederm

This highly publicized treatment contains hyaluronic acid in the form of a crystal-clear gel. Juvederm is injected to treat vertical or "smoker's lines", crows' feet, deep nasolabial folds, and wrinkles between the eyes, cheeks, and chin. Lip enhancement or the "pouting" lip is another popular procedure that is treated with Juvederm. Hyaluronic acid is natural occurring component of your skin. The plumping effect varies from individual to individual, but can last from 9 months to 1 year.

• Radiesse

Radiesse is a mineral based dermal filler that does more than just temporarily fill in facial folds, wrinkles, and fine lines; Radiesse rebuilds your skin's foundation and restores your youthful look by stimulating the body to produce its own natural collagen. Most patients achieve their desired result after just one visit. The treatments are customized for each patient for optimum results. The effects are immediate and typically last a year or more.